## The Michael Messages

## Realms of Life

Vision: There are miles of tiered votive candles, some lit, some not.

Loved One, your life force emits energy in many realms. When you agreed to participate in the limitations of a time-oriented, three-dimensional reality, your focus has been locked into certain parameters. As you remember your multidimensional self, you experience conflict and confusion. You are beginning to understand the power of your thoughts, feelings and actions, knowing they are connected to much more than you ever believed possible. By internalizing the truth, you have had to shed a falsehood that has kept you powerless — The Big Lie — believing that one person cannot make a difference. You now know the power of a single thought and the energy it creates on more than the earth plane.

Dear One, since the time you entered the Earth realm, you have longed to place your focus on a single reality. You use busyness, addictions, ego insecurity and self-destructive behavior in your attempts to lock into Earth parameters. This sometimes inhibits appreciating the magnificent energy and beauty of the Earth and all of its expressions of life and love.

When your focus is on experiencing energy in a multidimensional and spiritual plane, you long to shed the confines of your earthly body. You wish to terminate the connection you agreed to in the creation of your Earth form. You forget the excitement you felt about participating in the Earth experiment.

Your purpose for creating this feeling of separating yourself has been fulfilled; you no longer need to define yourself on an either/or basis. IT IS DONE. FINISHED. THERE IS NO SEPARATION – NO END TO WHO YOU ARE. You are a spiritual being choosing a multitude of means to express yourself. Smite the concept of limitations from your thought process. Shackles do not bind you – you are free to explore and create whatever manifests in your heart, in any realm. Know and trust that your higher self recognizes Light and Love everywhere – always. God's love is infinite and never exclusive to a particular place or time. Remember that you are an expression of His Love and Light!